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Bark House

Last week I spent 6 days hiking 72 miles of the Appalachian Trail in the Shenandoah National Park. I had run ins with Bears, Copperheads, Deer and Park Rangers. It was an amazing section of the trail as a lot of the it is original CCC rock laid trails. The views are abundant as you are never more than 3 miles away from a nice rock outcropping that perches high above the Shenandoah Valley.

Before leaving for my trip I was able to stop by Footsloggers to top off my gear needs. Between my Darn Tough socks, MSR stove, and trusty Footsloggers Nalgene bottle, I was all set. I've always found that the staff at Footsloggers has a great understanding of the gear that they sell and how to help the people that walk in their door.

16 years ago, while on my Thru-Hike of the A.T., I hitch hiked in to Footsloggers to revamp a lot of my gear. I was only 375 miles into my 2,100 mile trip, but I had already discovered that changes needed to be made. The gear that Footsloggers set me up with, carried me all the way to Maine. I have never forgotten the service that they gave me all those years ago.

Ryan Crawley

Crawl-Dog

GA to ME 1998









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